

David G. Smith Award Nomination Form

Thank you for your interest in the David G. Smith Memorial Award for undergraduate and graduate students (full or part-time) at Saint Mary's. Information provided within this submission is private and will only be viewed by the selection committee. All applicants will be notified of the outcome of their application by email. This award, in memory of David G. Smith, is designed to identify students whose endeavours help reduce the stigma often associated with mental illness and/or mental health concerns, either through lived experience or by supporting, advocating and/or celebrating others living with a mental illness and/or mental health concerns.

Note: Students may nominate themselves or be nominated by someone else. Both types of nomination are given equal consideration, so there is no need to seek out a nominator or include multiple nominators. The nominator option exists to allow individuals—such as faculty, staff, or peers—to recognize and encourage students to apply, but all applicants must complete their own reflection statement for submission.

Section A: Student Nomination

Student Information

Name:
Email:
A#:
Date:

Nominator Information (if applicable)

Name:
Date:
Signature:

I am nominating myself for this award.

I am nominating someone for this award. They are aware of this and are willing to be considered.

Section B: Reflection Statement

Please select one of the following to write about:

1. **Service to Others:** Share how you've helped reduce the stigma often associated with mental health. This could be by supporting others, advocating for mental health awareness, or celebrating people with mental health concerns—whether socially, personally, professionally, or through volunteering.

OR

2. **Lived Experience:** Reflect on your own mental health journey, including what you've learned about yourself. Share only what you feel comfortable sharing, being mindful of your wellbeing.

Reflection Statement (max 500 words):

Section C: Consent & Acknowledgment

Optional Consent:

The selected recipient may be invited to be featured in a SMU news story to celebrate their achievement and promote mental health awareness. Participation is entirely optional and will not impact the selection process in any way.

Acknowledgement:

I acknowledge that by submitting this form, my application will be reviewed by the selection committee for consideration.

Next Steps

Email this completed application form to counselling@smu.ca with the subject line: "David G. Smith Memorial Award 2025". The **deadline to apply is Friday, February 28** by 11:59 p.m. Atlantic Standard Time.

Questions? Email the Counselling Centre at counselling@smu.ca.